

# Sweet Home LVHN

An Alabama connection with Lynn Grischott, R.N., leaves a lasting impression for a family

It was a normal November day 10 years ago for former local morning radio personality Dave James (*Dave and Diane in the Morning*)...until the phone rang. On the other end—and on the air—was his wife, Tammy, with a question: “Are you ready to be a daddy?”

Tammy was ready to give birth to the couple’s first child, and Dave rushed home to meet her. Soon his joy turned to concern; Tammy could deliver at any time. The couple rushed to Lehigh Valley Hospital—17th Street, at the time a short distance from their apartment and home to our labor-and-delivery unit.

As they left their car and camcorder behind, Dave helped Tammy—who could barely walk through her painful contractions—into a wheelchair and frantically walked alongside her to the unit. He then said a prayer: “Please give me a little sign that everything will be OK.”

Moments later, Lynn Grischott, R.N., beckoned. As they approached, Dave noticed a University of Alabama barrette in her hair. “That was the sign that put me at ease,” says Dave, a University of Alabama-Birmingham graduate and a diehard Alabama football fan.

Within two hours, and with Grischott’s guidance, Dave and Tammy welcomed daughter Skyler into the world. “Lynn demonstrated the perfect combination of firmness and kindness that day,” Dave says. “It made a world of difference.”

Making such miracles happen is something Grischott and her labor-and-delivery colleagues do daily. “It’s

a privilege to be with people having their babies because you truly connect, and they put their trust in you,” says Grischott, a nurse for 28 years. She too is an Alabama football fan, having visited relatives and attended games for nearly 30 years. “Crossing paths with another Alabama fan in Pennsylvania is a small miracle of its own,” she says.



Recently, as Alabama wrapped up the national football championship, Grischott and the Jameses planned to reunite. “(Labor-and-delivery) nurses are in your lives for a short time, but they make such an impact,” says Dave James, now a host on QVC. “The way Lynn helped Tammy to do everything she needed to do in the best interest of my wife’s and child’s health is something I’ll never forget.”

—Paula Rasich